

News round-up

Our monthly digest of news, updates and events

MEMBERS MAKING A DIFFERENCE

Bringing therapists together

BACP members Caz Binstead and Dr Peter Blundell are the driving forces behind #TherapistsConnect, an international, supportive community of therapists that began on Twitter with the aim of encouraging meaningful dialogue, conversation and collaboration. Starting from one 'tweet', it has now been active for 12 months and 3,000 therapists have joined the community. One of #TherapistsConnect's most successful initiatives has been a weekly Twitter discussion group called #TraineeTalk, hosted by Caz for counselling and psychotherapy students.



This January, to celebrate #TherapistsConnect's first year as a community, Caz and Peter are exploring 'connection, collaboration and campaigning' through a series of events from 4-8 January 2021, via the #TherapistsConnect YouTube channel and available on demand after the live broadcast (www.therapists-connect.com/celebration). There will also be bookable networking events, a poetry event and panel discussions around topics such as social media use by therapists and what it's like for therapists to be dually qualified in another profession. Peter, who is dual-qualified as a social worker, was featured in the Spotlight column in the June issue of *Therapy Today* and in the *Therapy Today* podcast earlier this year. He was the recipient of the CPCAB Research Award last year for his PhD research into boundaries in therapy.



Caz is an integrative counsellor, mindfulness-based psychotherapist and supervisor and a member of BACP's Private Practice division. She was the driving force behind the recently launched Private Practice Toolkit, a one-stop hub for resources to support private practitioners, accessed via the BACP website. www.bacp.co.uk/bacp-divisions/bacp-private-practice/private-practice-toolkit